



Athletics Federation of I.R. Iran

Men National Outdoor Records

Date	Place	Name	Record	Event
23/08/2019	Paris	Hassan Taftian	10.03	100m
14/06/2015	Chinese Taipei	Mohammad Hossein Abareghi	20.63	200m
14/06/2021	Erzurum	Sajjad Hashemi Ahangari	45.40	400m
25/08/2005	Incheon	Sajjad Moradi	1:44.74	800m
23/11/2010	Guangzhou	Sajjad Moradi	3:37.09	1500m
12/07/2002	Hungary	Mahdi Zare Nezhad	8:07.05	3000m
28/08/2018	Jakarta	Hossein Keihani	8:22.76	3000m SC
11/08/1995	Johannes Gutenberg	Seyed Hamid Sajjadi	13:53.40	5000m
26/07/1996	Atlanta	Seyed Hamid Sajjadi	29:22.65	10000m
01/07/2012	Almaty	Rouhollah Asgari	13.50	110m H
01/09/2019	India	Mahdi Pirjahan	49.33	400m H
21/06/2013	Tehran	Reza Ghasemi, Hassan Taftian, Mahdi Zamani, Alireza Habibi (Nafte Tehran)	39.69	4x100m Relay
20/09/2010	Aleppo	Reza Bouazar, Sajjad Moradi, Sajjad Hashemi Ahangari, Edward Mangasarian (National Team)	3:07.57	4x400m Relay
20/04/2012	Shiraz	Keivan Ghanbar Zadeh	2.26	High Jump
07/07/2012	Tehran	Mohammad Arzandeh	8.17	Long Jump
11/04/2021	Mashhad	Hamidreza Kia	16.62	Triple Jump
07/08/2009	Tehran	Mohammad Mohsen Rabbani	5.36	Pole Vault
28/06/2021	Shahre Kord	Shahin Mehrdelan	20.66	Shot Put
03/06/2008	Estonia	Ehsan Hadadi	69.32	Discus Throw
11/09/2022	Tehran	Ali Fathi Ganji	76.65	Javelin Throw
07/07/2015	Belarus	Kaveh Mousavi	77.40	Hammer Throw
20/03/2016	Nomi	Hamidreza Zouravand	1:22.52	20km Race Walk
24,25/05/2012	Tehran	Hadi Sepehrzad	7729	Decathlon
20/04/2018	Georgia	Mohammad Jaafar Moradi	1:05.33	Half Marathon
23/01/2015	Dubai	Mohammad Jaafar Moradi	2:17.41	Marathon